



Panther Pride

Shelle Peterson
Superintendent/Principal

2200 Eureka Way, Redding, CA 96001
(530) 245-2790

A Message from Superintendent/Principal Peterson

APRIL IMPORTANT DATES

April 9

SAT/ACT Test Prep - SUHSD Board Rm.

April 10-15

Sophomore/Junior Yosemite Trip

April 16

Junior-Senior Prom - Riverview CC

April 18

Early Release Day 12:30/1:10pm

April 18

Senior Exit Presentations

April 20-22

Sophomore Trip to Ashland

April 21

6th Grade Math Assessment/Social

April 26

Student Gov. Applications Available

April 29-May 1

AP Retreat - NEED Camp

Hello U-Prep Parents,

As you may have noticed, the monthly school newsletters are packed with student and program celebrations, engaging pictures, and loads of information about U-Prep happenings. Due to the range of activities across the 6th-12th grade continuum, our newsletter may be the lengthiest one around. Nevertheless, our goal is to keep our school-community involved and aware of the myriad of opportunities for student development, and to provide another venue to showcase learning and achievement. We are proud of our students and enjoy highlighting their experiences! In an effort to keep our parents in the loop with charter-specific news, we added a section to our newsletter called Charter News Corner. Please be sure to check it out monthly as it will contain information about our charter as well as general charter school information (state-wide and nationally). This month's Charter News Corner serves to dispel common myths regarding California charter public schools. Next month, however, we will put a laser-like focus on the history of U-Prep and the impetus for its development. You won't want to miss hearing about the incredible journey that led to the opening of University Preparatory School, a public charter school. Thank you, and enjoy this month's newsletter!

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Who We Are - Our Vision

University Preparatory School is a small, grades 6-12, college preparatory school committed to university level preparation in fine arts, literature, languages, history, mathematics, science, and philosophy. Working together, University Preparatory School staff, parents, and community will offer students learning experiences needed to achieve their leadership and academic potential, to become creative thinkers, compassionate human beings, and ethical participants in a multi-cultural, democratic society. Students will be immersed in rigorous academics and meaningful extra-curricular activities and supported by a close-knit community of teacher/advisors, which will enable them to choose any course of post-secondary education.

CHARTER SCHOOL NEWS



Truth About Charters Fact Sheet

Share the **Truth About Charters** and help dispel common myths that persist about California's charter public schools.

The public has never been more supportive of California's charter public schools based on growth in charter school enrollment, waiting list numbers, and polling data. Yet while charter schools enjoy strong support, there are vocal critics who perpetuate a number of myths. Through our series, the **Truth About Charters**, we hope to clarify common misperceptions by providing responses based on fact and independent research. Click on each Truth below to learn more.

Truth #1: Charter schools are public schools.

Charter schools are tuition free, public schools of choice open to any student. Choice is a powerful tool for parents seeking educational equity and equal access to quality education for their children.

Truth #2: Charter schools serve all students.

Charter schools are committed to serving a student body that reflects the local community. In fact, enrollment figures show that charter school students are just as diverse (racially and economically) as students who attend traditional district schools.

Truth #3: Charter schools serve English Language Learners.

A new report by the California Charter Schools Association (CCSA) finds that charter public schools are helping English Language ("EL") students do better in school.

Truth #4: Charter schools are excelling academically.

Charter schools are delivering on the promise of a great public education, especially in under-served communities. Research shows that charter school students are learning more each year, and graduating ready for college at higher rates.

Truth #5: Thousands of parents are waiting for more charter schools.

More and more families are demanding the charter school option as they learn that charter school students are doing better in school. Yet there is still an overwhelming unmet need for quality school options as over 158,000 students are on charter school waiting lists in California.

Visit our website for sharable messages, data, videos and images:

<http://www.ccsa.org/understanding/truthaboutcharters/>



For more information please contact: communications@calcharters.org or visit www.calcharters.org
Sacramento Office: 1107 9th Street, Suite 200 • Sacramento, CA 95814 • p 916-448-0995 • f 916-448-0998

2016 REDDING REGIONAL SCIENCE BOWL WINNERS

U-PREP HIGH SCHOOL

Chris Huebner (Captain), Melia Matthews,
Beau Forest, Luke and Erick Blankenberg;
Coaches: Brian Murphy and Cory Poole

*Good luck at the National Science
Bowl in Washington D.C.*

Thank you to our sponsors:





Science Bowl 2016

A STUDENT PERSPECTIVE

The following is an excerpt of a perspective written by U-Prep senior Chris Huebner. Chris holds the title of captain for the Science Bowl team as well as participating in two varsity sports while maintaining a perfect GPA in all AP classes, as if that weren't enough he is also a very polite and considerate young man. U-Prep is proud of Chris!

Science Bowl is different from all other competitions that I've been a part of. The amount of passion that it takes to be successful separates it from any sport I have participated in. To be successful in Science Bowl you have to be willing to work to understand the concepts covered and the game itself. Personally I have never been one to study for school. It's been enough to pay attention in class most of the time to understand the material, but for Science Bowl I study all the time. In the weeks leading up to the competition, if I wasn't playing sports or eating I was studying for Science Bowl. I think this year was unique in that we relied on each player on the team to contribute for us to win. Out of all of the things that I've done in high school, I think that Science Bowl has had the biggest impact on my life, and to any students interested, who might feel intimidated by the strength of our program, I want to say:

Join the club. You don't have to be a genius. You just have to have curiosity.

LATIN AWARDS

Mythology Academic MS-1 1 Tie **Kalani C.** MS-1

Sculpture Arts HS 1 **Erick B.** HS-Adv

Soccer – HS Chapter HS 2 **U-Prep**

Reading Comp – I Academic MS-1 2 **Otto A.** MS-1

History Academic HS-Adv 2 **Luke B.** HS-Adv

Jewelry Arts HS 2 **David S.** HS-Adv

Spirit – MS Chapter MS-Small 3rd **U-Prep**

Reading Comp – I Academic MS-1 3 Tie **Amalia S.** MS-1

Daily Life Academic HS-Adv 3 **Erick B.** HS-Adv

Open Certamen (Team) Ludi HS-3, HS-Adv 2 * **Erick B.** HS-Adv

Open Certamen (Team) Ludi HS-3, HS-Adv 2 * **Luke B.** HS-Adv

Open Certamen (Team) Ludi HS-3, HS-Adv 2 * **Melia M.** HS-Adv

Mottoes, Abbrev. & Quotes Academic HS-Adv 4 Tie **Melia M.** HS-Adv

Derivatives:

Honesty A. – 2nd place (Latin I)
Justin C. – 3rd place (Latin I)
Jacob M. – 4th place tie (Latin II)
Sonja S. – 4th place tie (Latin II)
Maydha D. – 1st place (Adv-Latin)
Luke B. – 4th place (Adv – Latin)

Vocabulary:

Shay L. – 1st place (Latin I)
Mickiela H. – 2nd place (Latin I)
Paras D. – 2nd place tie (Latin II)
Maile G. – 2nd place tie (Latin II)

Reading Comprehension:

Mia F. – 2nd place (Latin I)
Lizeth M. – 3rd place (Latin I)
Alexandra O. – 4th place (Latin I)
Eric A. – 1st place (Latin II)
Paras D. – 2nd place (Latin II)
Gigi E. – 4th place (Latin II)
Maydha D. – 1st place (Adv-Latin)
Chris H. – 3rd place (Adv-Latin)
Kevin L. – 4th place (Adv-Latin)

Roman History:

Luke B. – 2nd place (Adv-Latin)

Mythology:

Lillian P. – 1st place (Latin I)
Amalia S. – 2nd place (Latin I)
Sonja S. – 3rd place (Latin II)
Chris H. – 4th place (Adv-Latin)

Roman Culture:

Rory P. – 3rd place (Latin I)
Lillian P. – 4th place (Latin I)
Yvonne L. – 1st place (Latin II)
Gus B. – 2nd place tie (Latin II)
Jaden J. – 2nd place tie (Latin II)
Erick B. – 1st place (Adv-Latin)
Claire H. – 2nd place tie (Adv-Latin)
Mikiya R. – 2nd place tie (Adv-Latin)

FALL LATIN CONVENTION

Last Fall U-Prep Latin Club students traveled to Stanford University to participate in the "October Games".

The lists above are a representation of the results.



On March 18th & 19th, U-Prep Latin Club students traveled to the Bay Area to compete in the 61st Annual California Junior Classical League State Convention.



THE GREAT GATSBY

A Little Party Never Killed Nobody

Juniors brought some 1920's spirit to their class discussion!

In what has become a yearly tradition, juniors threw a Great Gatsby themed party this last March. The Board Room stood in for Gatsby's Mansion, with students designing and decorating the room to set the festive atmosphere.

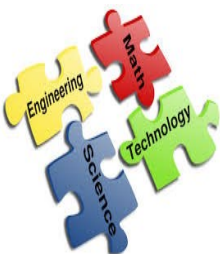
Student-supplied food options ranged wildly from the fun—like cupcakes—to the more practical, including a crockpot full of beef stew! ~AP English Teacher Sean Bird



WOMEN IN STEM CONFERENCE

Karen Bird and Jeanne Crawford had the privilege of attending AAUW's WOMEN IN STEM conference at Simpson University. U-Prep had the highest number of girls in attendance from any school with a total of 48. It was a wonderful opportunity for junior high girls to hear from women professionals working in STEM fields. Many of the sessions allowed the girls to take part in hands on activities, showcasing a little glimpse of what that profession is like. Pictured are Molly O., Faith M., Angelina O., and Cassidy W. doing "squishy circuits" also pictured are Olivia C. and Joi L. programming robots in the software programming session.

~Math Teacher Jeanne Crawford



MATHCOUNTS/TRIMATHALON

This year's U-Prep Mathcounts season ended with an exciting finale! Four students won first place team at the regional competition (Ben N., Emily L., Cameron P., and Celeste F.) and headed to the Northern California State competition. The Northern California State competition took place at Stanford University and consisted of approximately 160 6th, 7th, and 8th grade students from the Bay Area and North Region. For the first time, one of our students was honored at the event; Celeste F. was honored as having the highest score amongst all 6th grade girls in attendance. We are proud to celebrate her success and can't wait to see what the next two years hold for her!

Four U-Prep students participated in the 27th annual Shasta College Trimathalon, where they faced five other Northern California high schools. The yearly event consists of three events: Chalk Talk, Dragonslayer, and Applied Problem Solving. Our Applied Problem Solvers, Sam N. and Katie W. won first place. Way to go, Sam & Katie!



ACADEMICS + ATHLETICS = SCHOLAR ATHLETES



A RUNNER REPORT FROM MRS. GADDY

On Saturday, March 5th, a group of our runners competed in the John Frank Nor Cal Run. One of our JH teams won first place in the mile one team challenge and were so excited to beat Modoc who they have gotten second to the last four years. In addition, there was a group that competed in the 3 mile and ran amazingly. Justin M. (a freshman) won the entire three mile race and had a personal best time. Enjoy some of the pictures . U-Prep running has a bright future!!! ☺



Assistant Principal Corner



By Mrs. O'Leary, Mr. Carlson & Mrs. Cabral

SMARTER BALANCED TESTING COMING SOON

Smarter Balanced State Testing will be beginning soon for grades 6-8 and grade 11 students. The Smarter Balanced Assessment System utilizes computer-adaptive tests and performance tasks that allow students to show what they know and are able to do. This system is based on the Common Core State Standards (CCSS) for English language arts/literacy (ELA) and mathematics. Our testing window will begin April 12th and go through to mid-May for the computerized assessments. The Smarter Balanced assessments are a key part of implementing Common Core academic standards and preparing all students for success in college and careers. The assessment provides an academic checkup by measuring real-world skills like critical thinking and problem solving. All 6-8 grade and grade 11 students will participate in the computerized Smarter Balanced Test for English Language Arts and Math. All students in grades 8 and 10 will also take a paper/pencil CST test in science. Science testing will occur on April 26th and 27th. If you would like more information about Smarter Balanced, please visit the Smarter Balanced information website for parents and students at <http://www.smarterbalanced.org/parents/>. If you have any questions regarding your child's participation, please contact Michele O'Leary, Assistant Principal, at maoleary@suhsd.net or 245-2790 ext. 16521.

ASB OFFICE /STUDENT STORE HAS NEW LOCATION!

During spring break our ASB Office/Student Store/Athletics Secretary moved down the main hallway from its old location to Room 183. Room 183 is located in the east wing, lower level of the main building. Do not hesitate to visit the main office for assistance locating Room 183.



JUST RELEASED! 2016-2017 ACADEMIC CALENDAR

Are you anxious to begin planning your winter break? Trying to figure out how to squeeze the last drop out of your summer vacation? Look no further than the last page of this edition of Panther Pride. Check out page 24 for the 2016-2017 U-Prep academic calendar.



College & Career Corner + Counseling News

By Ms. Haworth, Mr. Williams, & Mr. Maikranz

U-Prep's 12th Annual Career Day, held on March 21st, was a smashing success! Eighth and ninth grade students started off their morning off by hearing from former Olympian and professional runner Ryan Hall. Ryan's message of being fearless and taking every disappointment as a chance to grow was received well by the students. Participating students attended three sessions with the presenter of their choice. Dr. Stephen Hecht closed out Career Day by speaking to students about his career as a neuroradiologist. A big "thank you" to all of our presenters who helped make Career Day such a wonderful experience!

UPCOMING SENIOR ACTIVITIES:

Senior Exit Presentations - April 18, 2:00-4:00pm

Senior breakfast & awards - May 18, 8:00am



AP RETREAT

U-Prep's First Annual AP Retreat will be held April 29th-May 1st at Whiskeytown's NEED Camp! The cost is \$80 which includes housing, food, study prep, t-shirts, team games, free time, and a great study-focused environment. Permission slips are available in the ASB office, Counseling office, and with your AP teacher. Payment is due **April 8th** and should be given to Mrs. Lowden in the ASB office. This will be a great weekend for students to have study groups, participate in AP preparation in small groups with AP teachers, eat great food, and prepare for the upcoming weeks of AP testing.

Fiji Expedition Summer 2017!

Dr. Tim Coles of Opwall will be on campus on Thursday, April 14th at 7:30pm in Room 210 to give a general presentation about the two-week scientific expedition in Fiji, June 11th-24th 2017. Come sit in and learn about amazing Fiji and the various scientific adventures and experiences the trip offers. See Mrs. Gina Johnson in room 185 for more details. See you there!



UNIVERSITY PREPARATORY SCHOOL PRESENTS



College 101 Information Night

Attention Parents of 8th – 10th Grade Students!

Don't miss this great opportunity to receive valuable information regarding your student's college future!

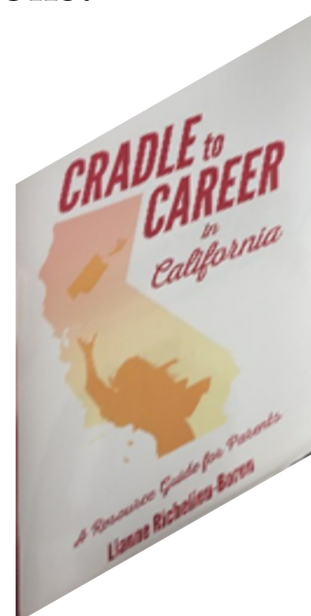
Every family attending will receive a copy of Cradle to Career provided free of charge by College Options.

April 20, 2016

6:00 p.m.

Room 210

(small theater upstairs)



In the Spotlight

STUDENT OF THE QUARTER AWARDS

MARCH 17, 2016

On March 17th, the Student of the Quarter award recipients and their families joined us in the Board Room to celebrate their accomplishments. Each student was recognized and presented with an honorary certificate, a special t-shirt, and a U-Prep lanyard. Refreshments were served afterwards. Congratulations to all of our Student of the Quarter Award recipients and their families!



HIGH SCHOOL STUDENTS

Back Row, left to right: Carl J., David D., Quinn D., Howard E., Nick T., Holly N., Forrest M., Hannah M., Erin B., Sophia A.

Front Row, left to right: Angelique P., John B., Evan B., Brenna B., Zachary O., Madilynne K., Remi B.

Not Pictured: Conor F.



MIDDLE SCHOOL STUDENTS

Back Row, left to right: Natalie B., Sophie M., Soniya P., Eric E., Serena T., Lily G., Crystal R., Emma N., Avery H., Camden D., Jeremy P.

Front Row, left to right: Gareth B., Sawyer B., Kelvin M., Titus G., Nikolai O., Abigail M., Celeste F., Maya S., Robert M.

Not Pictured: Tyler C. & Amelia C.

VAPA NEWS

VISUAL & PERFORMING ARTS

BRAD FOWERS ~ DEPT CHAIR/BAND & CHOIR

ROMNEY CLEMENTS ~ FALL MUSICAL DIRECTOR

ELIZABETH JOHNSON ~ STRINGS & PERCUSSION, SPRING PLAY

MARISSA KINNEAVY ~ DANCE

LURA WILHELM ~ VISUAL ARTS

March saw U-Prep's production of Neil Simon's "The Odd Couple". Oscar, Felix, the poker buddies and the upstairs Pigeon sisters took to the stage and entertained sold out audiences. Staged in-the-round in the Marr auditorium, it allowed the audience to enjoy the close proximity to the action!

Cast:

Oscar Madison	Jacob K.
Felix Ungar	Kutter W.
Murray	Kaleb O.
Speed	Nick S.
Vinnie	Zach J.
Roy	Ethan R.
Gwendolyn Pigeon	Claire R.



SHASTA COUNTY ARTS COUNCIL JURIED HIGH SCHOOL ART COMPETITION RESULTS



Shasta County Arts Council

Best of Show: 2D: **Karly C.** "Campfire Contemplation", 3D: **Erick B.** "Stewardship"

Award of Merit: **Sabah S.** "Houses"

Congratulations to our award winning artists!

VAPA NEWS

VISUAL & PERFORMING ARTS

BRAD FOWERS ~ DEPT CHAIR/BAND & CHOIR

ROMNEY CLEMENTS ~ FALL MUSICAL DIRECTOR

ELIZABETH JOHNSON ~ STRINGS & PERCUSSION, SPRING PLAY

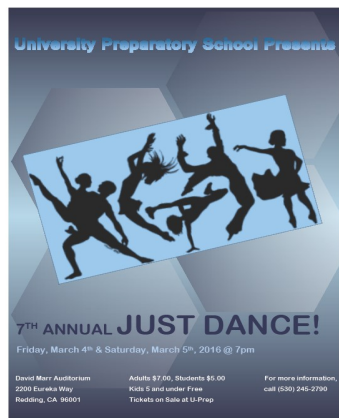
MARISSA KINNEAVY ~ DANCE

LURA WILHELM ~ VISUAL ARTS

DANCE DEPARTMENT NEWS

JUST DANCE!

The dance department's 7th annual Just Dance! was a huge success. Audiences filled the Marr Auditorium for 2 nights on March 4th and 5th to watch **over 120 U-Prep students** shine onstage. There were 28 numbers in the show, ranging from jazz, hip hop, contemporary and more. The show was complete with beautiful costumes, amazing lights, and incredible energy. Mrs. Kinneavy, Mrs. Holt, and Mrs. Zittel are all so proud of how hard the dancers worked and how well they performed.



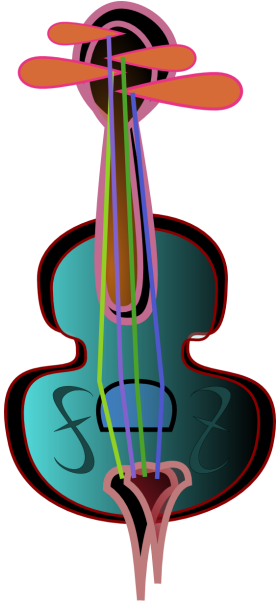
The **U-Prep Dance Team** traveled to Santa Clara this month to participate in the Radix Dance Convention and Competition. The best part of this weekend was taking classes from the dance industry's top choreographers, dancers, and teachers. The team, including Mrs. Kinneavy, took classes all weekend from So You Think You Can Dance Choreographers, NappyTabs and Tyce Diorio, just to name a couple of the big names. It was an incredible and inspiring weekend. While attending the competition, the dancers brought home **seven gold awards** and **one high silver!** The team performed beautifully!

DANCE TEAM

U-PREP DANCE TEAM

Alyssa B.
Claire H.
Chloe H.
Natalie J.
Kennedy K.
Anneliese L.
Leah M.
Sophie O.
Claire P.
Emily Q.
Mikiya R.
Shelby S.
Emma Y.

U-Prep's Dance Team saw tremendous success at the Headliners Dance Competition in Sacramento during the weekend of April first. The team performed eight dances and were rewarded with **one gold medal, six high gold medals** and **one elite gold medal** (an elite medal that signifies a near perfect performance). **Mrs. Kinneavy shared that the team's proudest achievement was receiving three special judge's choice awards;** these awards are unique and extremely complimentary, most studios are fortunate to just receive one of these awards and the U-Prep team was awarded three! Way to go, **U-Prep Dance Team!**



U-Prep Strings Small Ensembles Summer Camp

June 6th – 10th

Monday–Friday

9AM– 1 PM



For continuing U-Prep students only.
School instruments available for use (during camp only)

\$100.00

To be held in U-Prep's band room
Includes late morning snack

For more info, contact Mrs. Johnson

ejohnson@suhsd.net

515-1678

Checks made payable to Elizabeth Johnson.

NOTE: This event is sponsored by Mrs. Johnson on an independent contracting basis.

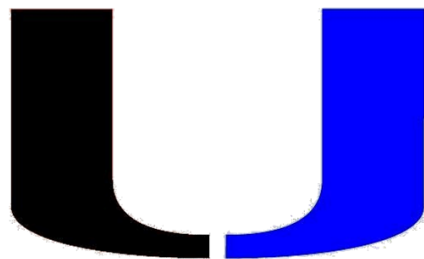
JUNIOR HIGH SPORTS

www.uprepathletics.net

MONICA CABRAL - ATHLETIC ADMINISTRATOR

CORY REAGAN - ATHLETIC DIRECTOR

SARAH KENDALL - ATHLETIC SECRETARY



Junior High Track

Junior high track will officially begin on April 5. An updated physical and an athletic packet must be completed in order to try-out. See Mrs. Johnson in the PE department, or Mrs. Kendall in the ASB office for questions!

Baseball "A" Coach

Mike Williams

4/6 Parsons @ UPrep 3:30
4/7 Vista @ Vista M.S. 4:00
4/11 Grant @ Grant M.S. 4:00
4/14-16 Sequoia Tourney @ Sequoia M.S.
4/20 Vista @ UPrep 3:30
4/21 Sequoia Gold @ Seq. 4:00

All U-Prep Baseball Home games will be played at the K-3 field in Caldwell Park.

Softball "A" Coach

Jered Ratliff

4/6 Parsons @ UPrep 3:30
4/7 Vista @ Vista M.S. 4:00
4/11 Grant @ Grant M.S. 4:00
4/14-16 Sequoia Tourney @ Sequoia M.S.
4/20 Vista @ UPrep 3:30
4/21 Sequoia Gold @ Seq. 4:00

Home softball games will be played on campus at the softball field behind the gyms.



Junior High "B" Baseball and Softball

Baseball—Mike Dean

4/6 Mistletoe @ BLD 3:30
4/7 Seq. Grn @ UPrep 3:30
4/12 Turtle Bay @ UPrep 3:30
4/14 Bethel @ Bethel 4:00 (Baseball Only)
4/14-16 Sequoia Tourney @ Sequoia M.S.
4/18 Mistletoe @ UPrep 3:30

All U-Prep Baseball Home games will be played at the K-3 field in Caldwell Park. Softball games will be on campus at the softball field behind the gyms.

Softball—Steven Schuster

4/6 Mistletoe @ Mistle. 3:30
4/7 Seq. Grn @ UPrep 3:30
4/12 Turtle Bay @ UPrep 3:30
4/14-16 Sequoia Tourney @ Sequoia M.S.
4/18 Mistletoe @ UPrep 3:30

Please see page 16 for our
Concussion Fact Sheet for Parents



The achievements of an organization are the results of the combined effort of each individual. ~Vince Lombardi

High School Athletics



www.uprepathletics.net

WINTER SEASON WRAP-UP

Our **varsity girls' basketball** team finished with a perfect league record and the **Sac Valley North League title** for the second year in a row. The Lady Panthers went on to beat Central Valley High School at Shasta College before moving on to their **first Division IV Section title** in program history. U-Prep girls beat a very tough Placer High School team from Auburn in round one of the **state playoffs** before losing to Menlo High School in round two, to finish their **winning season**. For their efforts, sophomore **Shaylee H.** was selected as **2nd Team All-Section**, while senior **Savanna F.** was chosen as **3rd Team selection**. Varsity girls' basketball coach, **Steven Schuster**, was selected as **Coach of the Year!** A great ending to a tremendous season. Also deserving congratulations is U-Prep wrestler **Quinn S. Quinn** finished a very respectable **2nd at the Masters Tourney** in Redding and went on to represent U-Prep at the **elite State Tournament** in Fresno, California. Last but by no means least, we would be remiss if we failed to recognize our **varsity girls' soccer team**: Over the past four years they have nailed down some incredible stats. Please take note of these numbers; **67 wins, 4 losses, 5 ties, 367 goals** scored for U-Prep, **22 goals** scored against U-Prep, **4 straight league championships**, the **Lady Panthers** have not lost a league game in the last 4 years, **4 straight section finals, 3 section championships**, 1 section runner-up. Wow! Thank you for **an unbeatable season**. Great job to all our athletes who represented **U-Prep** at the section and state levels this year! !

Boys Baseball

Varsity Coach: Cory Reagan

JV Coach: Brad Baker

4/5 Hamilton @ Hamilton HS (JV/V) 4:00
 4/8 Hamilton @ UPrep (JV/V) 2:00/4:00
 4/11 Durham @ UPrep (JV/V) 2:00/4:00
 4/13 Yreka @ UPrep (JV/V) 2:00/4:00
 4/15 Durham @ Durham HS (JV/V) 4:00
 4/16 Colusa Tourney @ Colusa (JV/V) TBA
 4/19 Willows @ Willows HS (JV/V) 4:00
 4/21 Willows @ UPrep (JV/V) 2:00/4:00
 4/26 Colusa @ Colusa HS (JV/V) 4:00
 4/28 Colusa @ UPrep (JV/V) 2:00/4:00

MONICA CABRAL **ATHLETIC ADMINISTRATOR**

CORY REAGAN **ATHLETIC DIRECTOR**

SARAH KENDALL **ATHLETIC SECRETARY**

Boys Golf

Coach - Bob Lowden

4/4 UPrep @ Churn Creek Golf Course 12:00
 4/8 East Nicolaus @ Plumas Lake Country Club 12:00
 4/11 Durham @ Butte Creek Country Club 12:00
 4/18 Pierce @ Arbuckle Golf Course 12:00
 4/20 Colusa @ Colusa Country Club 12:00
 4/26 Esparto @ Yocha Dehe Country Club 12:00
 5/9 D-II Championships TBA
 5/16 North. Section Championships TBA



Girls Softball Var Coach - Bobby Shufelberger JV Coach - Matt Williams

4/5 Hamilton @ Hamilton HS (Var. Only) 4:00
 4/5 Central Valley @ UPrep (JV Only) 4:00
 4/8 Hamilton @ UPrep (Var. Only) 4:00
 4/12 Durham @ UPrep (JV/V) 2:00/4:00
 4/13 Trinity @ Trinity HS (JV Only) 4:00
 4/15 Durham @ Durham HS (JV/V) 4:00
 4/19 Willows @ Willows HS (JV/V) 4:00
 4/21 Willows @ UPrep (JV/V) 2:00/4:00
 4/26 Colusa @ Colusa HS (JV/V) 4:00
 4/28 Colusa @ UPrep (JV/V) 2:00/4:00



Boy Tennis Coach - Andy Pire

4/5 Mercy @ Mercy 3:30
 4/11 Anderson @ And. 3:30
 4/12 Willows @ Willows 3:30
 4/14 Live Oak @ UPrep 3:30
 4/19 Colusa @ Colusa 3:30
 TBA NSCIF Team Finals
 TBA SVL Championships
 TBA NSCIF Ind. Finals

Track and Field Coach Kristen Reagan

4/9 Hornet Invite @ EHS TBA
 4/16 John Frank Invite @ CVHS 9:30
 4/20 MTL League Meet @ UPrep 3:00
 4/22 WV Invite @ Oroville 12:00
 4/27 MTL and Friend @ UPrep 3:00
 5/6 Twilight Invite @ Mt. Shasta HS 1:00
 5/13 MTL League Chp @ Mt. Shasta 3:00
 5/20 D-III Sec. Finals @ Durham HS TBA
 5/27 Northern Sec. Finals @ WVHS 3:00

HEADS x UP

CONCUSSION IN HIGH SCHOOL SPORTS

A FACT SHEET FOR PARENTS

What is a concussion?

A concussion is a brain injury. Concussions are caused by a bump, blow, or jolt to the head. They can range from mild to severe and can disrupt the way the brain normally works. Even a "ding" or a bump on the head can be serious.

What are the signs and symptoms?

You can't see a concussion. Signs and symptoms of concussion can show up right after the injury or can take days or weeks to appear. If your teen reports any symptoms of concussion, or if you notice the symptoms yourself, seek medical attention right away.

Signs Observed by Parents or Guardians	Symptoms Reported by Athlete
<ul style="list-style-type: none"> • Appears dazed or stunned • Is confused about assignment • Forgets plays • Is unsure of game, score, or opponent • Moves clumsily • Answers questions slowly • Loses consciousness • Shows behavior or personality changes • Can't recall events prior to hit • Can't recall events after hit 	<ul style="list-style-type: none"> • Headache • Nausea • Balance problems or dizziness • Double or fuzzy vision • Sensitivity to light or noise • Feeling sluggish • Feeling foggy or groggy • Concentration or memory problems • Confusion

What should you do if you think your teenage athlete has a concussion?

1. **Seek medical attention right away.** A health care professional will be able to decide how serious the concussion is and when it is safe for your teen to return to sports.
2. **Keep your teen out of play.** Concussions take time to heal. Don't let your teen return to play until a health care professional says it's OK. Athletes who return to play too soon—while the brain is still healing—risk a greater chance of having a second concussion. Second or later concussions can be very serious. They can cause permanent brain damage, affecting your teen for a lifetime.
3. **Tell all of your teen's coaches about any recent concussion.** Coaches should know if your teen had a recent concussion in ANY sport. Your teen's coaches may not know about a concussion your teen received in another sport or activity unless you tell them. Knowing about the concussion will allow the coach to keep your teen from activities that could result in another concussion.
4. **Remind your teen:** It's better to miss one game than the whole season.

It's better to miss one game than the whole season.

DEPARTMENT OF HEALTH AND HUMAN SERVICES
CENTERS FOR DISEASE CONTROL AND PREVENTION





Robyn Johnson - High School Advisor

Jaspal Gaddy - Middle School Advisor

The spring junior high dance, "Caught in a Dream", was a huge success! The students enjoyed Italian sodas, DJ Bird's fantastic tunes, and dancing the night away.

The final social and dance will be Friday, May 6th. Stay tuned for more details!



Our annual Day on the Green, end-of-year celebration will be happening Friday, May 20th. This year's party will feature game booths, music, concessions, and—of course—the unveiling of the 2016 Panthera Yearbook. If you have not ordered your yearbook yet, they will continue to be on sale in the ASB office until 4/29/16 at a cost of \$80.00.

Prom is right around the corner!



Venue: Riverview Golf Course

Date: April 16th

Time: 6:00PM to Midnight

Who: Junior and Senior Event

(Sophomores may attend by invitation)

Cost: \$50.00 (per person)

This includes:

Dinner, dancing, and unlimited photo booth!

Menu: Chicken or tri-tip served with a dinner salad, rice, roasted vegetables, and dinner roll.

Participating students are not permitted to leave before 10:30PM without parent permission.

*** Please visit uprep.net for the prom dress code slideshow***



Come and Join Our Team!



Important Election Dates:

April 15th

ASB Board Position
Application **PICK UP**

April 22nd

ASB Board Position
Applications **DUE**

April 25th– April 29th

ASB Board Interviews/
Approval of Election Run

NOTE:

ASB Elections will run May 3 through May 17

High School Student Government

Commissioner Positions:

Applications will be available

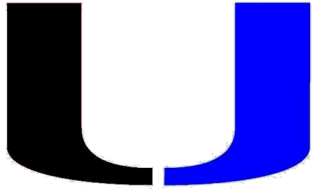
April 26th

Applications are **DUE** May 3rd

Interview Dates and Times
will be posted at room 182.

April 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15 	16
17	18	19	20	21	22 	23
24	25 	26 	27 	28 	29 	30



BOOSTER NEWS

ATHLETIC BOOSTERS

Athletic Boosters have a very busy April in store! The Boosters will be finalizing nominations for 2016/2017 officers and reviewing scholarship applications. If you are interested in Boosters, please feel free to join us at our next meeting!

MUSIC BOOSTERS

U-Prep Music Boosters provides volunteer and other support services to all of the U-Prep music programs: Beginning Strings, Choraliers, Concert Band, Concert Choir, Drum Corp, Jazz Band, Jr. High Orchestra, Mixed Choir, Prep Band, and Symphonic Orchestra. Support may include set-up and clean up for music concerts, the "Celebration of the Arts" held every February, and fundraising activities.

Music Boosters works to raise money to enhance all music programs and the music experience for all U-Prep students. This includes assisting in the purchasing of performance uniforms, musical instruments and other items that cannot be purchased with school funds. Funds raised by Music Boosters also contribute to trips taken by the various music groups.

Membership in Music Boosters is automatically extended to all parents and legal guardians of students participating in the Music Department at U-Prep. We meet on the first Tuesday of each month during the academic school year!



THEATRE ARTS BOOSTERS

The Theatre Arts Boosters are already looking forward to next year's production. Auditions will happen during the first week of school next August. We will then hold our first parent meeting the following week. Please consider joining us and becoming a member of our family. It is a great way to make connections, forge friendships, and fulfill your volunteer hours. Please feel free to contact the main office if you would like more information.

U-Prep Scrip Program

Scrip is gift cards and certificates for your favorite places to shop. They look and spend just like you bought them in the store. By purchasing scrip from U-Prep, you are helping U-Prep earn needed funds for our school and you are reaching your donation goal for the year. The great thing about Scrip is you never buy anything you don't need and you never pay more than face value of the gift card or certificate.

You can place your order online at www.shopwithscrip.com, email your order to uprepscrip@suhsd.net, or call/text Sylvia Hill at 356-3944. Checks are payable to U-Prep Scrip. For complete information go to uprep.net



**IMPORTANT REMINDER
FROM THE ATTENDANCE & HEALTH OFFICES:**

Students must have "Permit to Leave" from the Attendance Office before leaving campus. If a student is ill, they are instructed to go to the health office where a call to a parent/guardian will be made. The Health Clerk will notify the attendance office and a permit will be issued. If a student has an appointment, the attendance office asks that the student either bring a note that morning or the parent/guardian place a phone call to the office at least one hour in advance of requested release time. Students may not leave campus without first obtaining a permit to leave. Leaving without a permit may result in a truancy.



Traffic Safety Reminders

Thank you for always keeping in mind our students safety when picking up and dropping students off at school. Please always use the lower lot when picking up in the afternoon. The front drive is available for morning drop-off only. If you plan on dropping off or picking students up on Eureka Way, please be advised that the Redding Police Department patrols on a regular basis.

KEEP IN TOUCH

U-Prep provides many communication options for you to stay informed with our latest news and happenings. Subscribe to our daily bulletin (Paw Prints), visit uprep.net, subscribe to Panther Pride, check out the marquee! We periodically send emails, all-calls and mailings so if you have had a change of address, phone number or email please make sure to notify our offices.

University Preparatory School

2015-2016 School Calendar

July 2015						
Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

21

September 2015						
Su	M	Tu	W	Th	F	Sa
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27	28	29	30			

18

January 2016						
Su	M	Tu	W	Th	F	Sa
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17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

22

October 2015						
Su	M	Tu	W	Th	F	Sa
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4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

19

February 2016						
Su	M	Tu	W	Th	F	Sa
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28	29					

19

May 2016						
Su	M	Tu	W	Th	F	Sa
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22	23	24	25	26	27	28
29	30	31				

November 2015						
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

15

March 2016						
Su	M	Tu	W	Th	F	Sa
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27	28	29	30	31		

18

June 2016						
Su	M	Tu	W	Th	F	Sa
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18

August 2015						
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23	24	25	26	27	28	29
30	31					

11

13

December 2015						
Su	M	Tu	W	Th	F	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

19

April 2016						
Su	M	Tu	W	Th	F	Sa
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10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Early Release Days
Academic Conference
Final Exams
Back-To-School Night
Open House
Graduation

HOLIDAYS/RECESSES

Labor Day Sep 7
 Veteran's Day Holiday Nov 11
(by law must be Nov 11 if a weekday)
 Thanksgiving Break Nov 23-27
 Winter Break Dec 18-Jan 4
 Martin Luther King Day Jan 18
 Lincoln Day observed Feb 8
 Washington Day observed Feb 15
 Spring Break Mar 25-Apr 4
 Memorial Day May 30

Easter - March 27

CERTIFICATED DATES

School Starts: August 17
 School Ends: May 26; **Graduations May 27**

School Work Days ○ Aug 14
 May 27
 Jun 1

Staff Development Days △ Aug 13
 Jan 4
 April 4

Snow Day Makeup: Apr 4

(If snow day makeup is used, then April 4th Staff Development day will be moved to May 31st.)

University Preparatory School 2016-2017 School Calendar

July 2016

Su	M	Tu	W	Th	F	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

21

1st Quarter Ends: October 7 38
 1st Semester Ends: December 16 (44)
 3rd Quarter Ends: March 17 (50)
 2nd Semester Ends: May 25 (43)

Shaded = Student Attendance Days (175)

August 2016

Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

12

September 2016

Su	M	Tu	W	Th	F	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

19

October 2016

Su	M	Tu	W	Th	F	Sa
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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

18

November 2016

Su	M	Tu	W	Th	F	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

23

December 2016

Su	M	Tu	W	Th	F	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

14

January 2017

Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

February 2017

Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

19

March 2017

Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

0

April 2017

Su	M	Tu	W	Th	F	Sa
						1
2	3	4	5	6	7	8
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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

- **Friday Office Hours:**
- 2:45 p.m. release
- **Minimum Day Schedule:**
- 1:10 p.m. release

May 2017

Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

June 2017

Su	M	Tu	W	Th	F	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

Final Exams
Minimum Day
Academic Conferences

HOLIDAYS/RECESSES

Labor Day Sep 5
 Veteran's Day Holiday Nov 11
 (by law must be Nov 11 if a weekday)
 Thanksgiving Break Nov 21-25
 Winter Break Dec 19-Jan 3
 Martin Luther King Day Jan 16
 Lincoln Day observed Feb 13
 Washington Day observed Feb 20
 Spring Break Apr 10-17
 Memorial Day May 29

Easter - April 16

CERTIFICATED DATES

School Starts: August 16
School Ends: May 25
Graduation: May 26

Staff Work Days ○ Aug 15
 May 26
 June 1

Staff Development Days △ Aug 12
 Jan 3
 April 17

Snow Day Makeup: April 17
 (If snow day makeup is used, then June 2nd will be a work day)